

SAMPLE WORK FLOW

GOALS CONFIDENCE ACCEPTANCE COMMITMENT/RECOGNITION

<i>Week</i>	<i>Skills</i>	<i>Warm Ups</i>	<i>Games</i>
1	Intro Gathering Games	Transformers "Hello"	2 Lines What? Freeze
2	Recognition "Yes And" "Expectation = 10"	Walk Around Emotional Ladder	Emotional Party What Are You Doing? What Else Ya Got?
3	Character Work Commitment	Zip Zap Zop Spelling Bee	Pavolonian Response Party Quirks Superheroes
4	Commitment	This is a ?	Hype Countdown Switch Interview Grand Theft Auto
5	Recognition	Bibbidy Bibbidy Bop	Replay Blind Line Cut & Paste
6	Physical Miming	Follow Me	3 Things Fortune Teller Slow Mo
7	Put it all together	Blindfolds	Sideline Debate 6 Things
8	Musical	Jukebox	Madrigals To Do Rap Rap Beastie Rap
9	Group Mind	Human Knot	Crazy Cooky Country Mixed Up Hijinx 9 out of 10 Town Hall Meeting
10	Recognition	Big Booty	Slide Show Forward Reverse Melo Drama
11	Review	This is a ?	Scenes from a Hat Radio Machines
12	Review		Review